

Hip Replacement Surgery

Hip replacement surgery can significantly improve your quality of life, relieving pain and helping you regain mobility. At Midlands Orthopaedic Clinic, we offer expert care using the latest techniques to ensure the best possible outcomes tailored specifically to you.

When You Might Need A Hip Replacement

You might benefit from a hip replacement if you're experiencing persistent hip pain, stiffness, or reduced mobility that's interfering with your daily activities. Common reasons include osteoarthritis, rheumatoid arthritis, or injuries affecting the hip joint. Our specialist team will assess your symptoms, medical history, and lifestyle to determine if surgery is the right choice for you.

What Happens During Hip Replacement Surgery

During a hip replacement procedure, your surgeon replaces your damaged hip joint with an artificial one, typically made from metal, ceramic, or highly durable plastic. This procedure significantly reduces pain and restores joint function, helping you move more freely and comfortably.

At Midlands Orthopaedic Clinic, we use advanced surgical methods, including robotic-assisted techniques, which ensure greater precision, faster recovery times, and improved long-term results.

Preparing For Your Surgery

Before your surgery, you'll meet with our expert team to discuss the details of your procedure. You'll undergo pre-operative assessments to ensure you're ready for surgery and to minimise any potential risks. We'll provide you with clear guidance on preparing physically and mentally, including advice on managing medications and making necessary lifestyle adjustments.

Recovery And Rehabilitation

Your recovery journey begins immediately after surgery. Our dedicated physiotherapy team will guide you through tailored exercises designed to enhance your strength and mobility. Most patients begin walking with assistance within a day of surgery, gradually increasing activity levels in the following weeks.

We'll work closely with you to create a personalised rehabilitation plan. Regular follow-up appointments ensure your recovery stays on track and allows adjustments to your rehabilitation programme, making sure you regain independence and return to the activities you enjoy most.

Benefits Of Hip Replacement Surgery

Hip replacement surgery can dramatically improve your quality of life. Key benefits include:

- Significant reduction in hip pain
- Improved mobility and flexibility
- Greater independence and ability to perform daily activities
- Enhanced overall wellbeing and quality of life

Risks And Considerations

Like all surgeries, hip replacement carries some risks, including infection, blood clots, and joint dislocation. Our experienced surgical team takes every precaution to minimise these risks, clearly explaining all aspects of the procedure and addressing any concerns you may have.

Why Choose Midlands Orthopaedic Clinic?

At Midlands Orthopaedic Clinic, our highly skilled surgeons specialise in hip replacement and revision surgeries. Our use of cutting-edge robotic technology ensures exceptional precision, which enhances your recovery outcomes. We pride ourselves on our patient-centred approach, providing compassionate and personalised care every step of the way.

Get In Touch

If you're considering hip replacement surgery or have questions about how we can help, please don't hesitate to contact us. Our friendly team at Midlands Orthopaedic Clinic is here to provide guidance, answer your queries, and arrange a convenient appointment for you.