

# Revision Knee Replacement

If you've had a previous knee replacement that is no longer functioning as it should, revision knee replacement may be the best option to restore comfort and stability. At Midlands Orthopaedic Clinic, our expert team specialises in complex knee procedures, including revision surgery, to help you regain mobility and improve your quality of life.

## What Is Revision Knee Replacement?

Revision knee replacement is a procedure where part or all of a previous knee replacement is removed and replaced with new components. It may be needed if your implant has worn out, become loose, caused pain, or developed an infection. Compared to a first-time (primary) knee replacement, revision surgery is often more complex and requires detailed planning and expert surgical skill.

We use high-quality revision implants and the latest techniques to address problems and ensure long-term success. Each operation is tailored to your individual needs and the reason for the revision.

## Why Might You Need A Revision Knee Replacement?

You may be referred for revision knee replacement if you have:

- Persistent or worsening knee pain after your original knee replacement
- Loosening or movement of the implant
- Recurrent dislocations or instability
- Infection in the joint
- Implant wear, fracture, or mechanical failure

Your consultant will carry out a full assessment including X-rays, blood tests, and possibly a CT or MRI scan to identify the cause of the problem and determine whether revision surgery is appropriate.

## What Happens During The Procedure?

Revision knee replacement is usually performed under spinal or general anaesthesia. Your surgeon will remove the worn or damaged components of your existing implant. In some cases, bone grafting or reinforcement may be needed to rebuild areas of bone loss.

Once the area is fully prepared, your new implant is inserted and carefully positioned to ensure stability, alignment, and optimal function. The joint is then closed and a dressing is applied before you are taken to recovery.

## Recovery And Rehabilitation

Recovery from revision knee replacement may take longer than a first-time replacement, depending on the complexity of the procedure. However, our team will support you through every stage:

- You'll begin gentle physiotherapy within 24-48 hours to start regaining movement
- Pain management, wound care, and mobility aids will be provided to aid early recovery
- A personalised rehabilitation programme will help you build strength and confidence
- Follow-up appointments will monitor your progress and healing

Most patients begin walking with assistance within a few days and can expect gradual improvement over several weeks and months.

## Benefits Of Revision Knee Replacement

- Relief from ongoing pain or discomfort
- Improved stability and function in the joint
- Correction of implant problems or complications
- Extended life of the knee replacement
- Enhanced quality of life and confidence in movement

## Why Choose Midlands Orthopaedic Clinic?

At Midlands Orthopaedic Clinic, we are proud to offer expert care in revision knee replacement. Our surgeons have extensive experience with complex joint replacement and revision procedures, using modern imaging, planning tools, and surgical techniques.

We offer:

- Access to experienced consultants in knee reconstruction
- Advanced diagnostics and custom surgical planning
- Individualised treatment and rehabilitation plans
- Compassionate, patient-centred care throughout your journey

## Get In Touch

If your knee replacement isn't functioning as it should or you're experiencing new symptoms, contact Midlands Orthopaedic Clinic today to find out whether revision knee replacement could help you regain comfort and confidence.